



Ginger N. Cathey, MD
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Suite 4000
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713-512-7800 Appointments/ Information
713-512-7823 Office

Date of Appointment: _____ Time: _____

Dear Patient,

Welcome to our practice. This letter is to confirm your appointment. Please arrive 30 minutes prior to your appointment. You must visit the check-in desk first. Please bring a copy of your insurance card. All co-payments are due at the time of each visit. If you have any questions or concerns prior to your visit, please do not hesitate to call our office.

The evaluation of pelvic floor dysfunction requires a time commitment. This is not something that can be accomplished in one visit. Usually a minimum of three to five visits are required. Therefore, we have already scheduled your next consultation visit. You may require additional tests prior to this consultation

We have taken great care to try to minimize the number of visits required partly by providing you with the enclosed forms. This allows you to collect the needed medical information at your leisure and reduces the number of visits required to address your condition. We realize the information requested is lengthy and comprehensive. You may find that you need a family member, friend, or information from your doctor to help you complete these documents. **PLEASE BRING THE COMPLETED FORMS TO YOUR SCHEDULED VISIT.** Enclosed you will find:

1. Urinary and prolapse history forms
2. Medical history forms
3. Bladder Diary (instructions attached)

In addition, if you have had previous pelvic surgery, please attempt to bring a copy or have a copy of the **OPERATIVE REPORT(S)** sent to us from your surgeon or the hospital where your surgery was performed. If you have had recent bladder infections, please provide us with copies of your urine cultures.

We will review these forms with you at your visit. This information is very important for the proper evaluation of your condition. Not having this information may result in a need for additional visits.

What to expect at your first visit:

Because we will perform a physical examination, we suggest that you wear comfortable clothing that is easily removed. At this initial visit, we will perform a pelvic examination that includes a catheterization and measurement of your pelvic organs to help us determine your pelvic support. The examination is not typically any more uncomfortable than other pelvic exams but may take longer to perform. Please do not be distressed if you do not understand our conversation during your examination as we will explain this to you following your exam.

After your examination, we will ask you to dress and we will discuss with you our findings and recommendations. In most instances, we cannot make final treatment recommendations without further testing but we will give you information about your condition for you to take home and read. This will allow you to become more familiar with the information that we may discuss at future visits. This information is your **homework**. It is extremely important that you become familiar with this information in order to understand the implications of your condition as well as risks, benefits and expectations regarding treatment options.

If your circumstances are different and you wish only to have a visit for a discussion consultation without an evaluation, please let our nurse know.

As a courtesy to the staff and to other patients, we ask that you give us 24 hours notice if you must cancel or reschedule your appointment. Additionally, appointments are for a specific time frame. Please respect the time of other patients. If you feel that additional time is needed to discuss your health condition, please arrange for a follow-up appointment.

Again, if you have any questions prior to your visit, please do not hesitate to call. We look forward to meeting you.

Sincerely,

Dr. Ginger Cathey &
The Staff of the Pelvic Health & Continence Center